



2019 CHINA INTERNATIONAL WOMEN'S MATCH RACE

GRADE 1

SAILING INSTRUCTIONS

Abbreviations:

PC – protest committee	RC – race committee
OA – organising authority	NA – national authority
RRS – racing rules of sailing	SI – sailing instructions
IJ – international jury	NoR – notice of race
WS – World Sailing	

1 RULES

- 1.1 The Event will be governed by
 - (a) the 'rules' as defined in the RRS, including Appendix C.
 - (b) the rules for Handling Boats (SI Addendum C) which also applies to any practice sailing and sponsor races. Class rules will not apply.
 - (c) any prescriptions of the national authority that will apply will be posted on the official notice board.
- 1.2 An IJ will be appointed, in accordance with RRS Appendix N, and the right of appeal will be denied in accordance with RRS 70.5.
- 1.3 Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.4 Add after the first sentence of Appendix A5 'When one of the boats in a match fails to sail the course in accordance with rule 28.1, she shall be scored DNF without a hearing.'
- 1.5 Delete RRS C6.3 and replace with: A boat intending to request redress because of circumstances that arise while she is racing or in the finishing area, shall clearly display a red flag as soon as possible after she becomes aware of those circumstances, but no later than two minutes after finishing or retiring.
- 1.6 When the umpires proceed under RRS C8.6 they will follow the guidance in SI Addendum E.
- 1.7 Add RRS C7.2(g): 'If one boat has finished and the other boat has an outstanding penalty, the umpires may cancel the outstanding penalty.'
- 1.8 Competitors, team leaders, coaches and other support personnel must wear a personal flotation device properly secured at all times, from dock to dock except when temporarily adding or removing clothing. This changes RRS 40 and Preamble of Part 4. A breach of this instruction shall not be grounds for a protest by a boat. This changes RRS 60.1(a).

2 ENTRIES and ELIGIBILITY



- 2.1 Only skippers invited by the OA are eligible for the event. The skippers are listed in SI Addendum A.

- 2.2 To remain eligible the entire crew shall complete registration, pay any entry fee, deposit USD 1,000 (or equivalent in another currency) for damage and complete crew weighing, all between 09:00 and 16:00 Friday, 11 October unless extended by the OA.
- 2.3 The damage deposit is the limit of liability of each skipper for each incident. In the event that a deduction is made from the deposit, the skipper will be required to restore the deposit to the original value to maintain eligibility.
- 2.4 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the umpires or PC.
- 2.5 After the warning signal for a match, the registered skipper shall not leave the helm, except in an emergency.
- 2.6 When a registered skipper is unable to continue in the event, the OA may authorise an original crew member to substitute.
- 2.7 When a registered crew member is unable to continue in the event, the OA may authorise a substitute, a temporary substitute or other adjustment.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at the Shanghai Sailing Club's (SSC) clubhouse.
- 3.2 Signals made ashore will be displayed from a flagstaff near the boat docks adjacent to the SSC's clubhouse.
- 3.3 Skippers shall attend the first briefing, which will be at 16:00 on Friday, 11 October in the tent at the SSC, unless excused by the OA.
- 3.4 The first meeting with the umpires will be immediately after the first briefing at the same location.
- 3.5 A daily morning meeting will start at 08:15 in the tent at the SSC.
- 3.6 Skippers shall attend a press conference in the tent at the SSC each day they race, starting as soon as possible after the last race of the day.

4 AMENDMENTS TO SAILING INSTRUCTIONS



- 4.1 Amendments to the SI made ashore will be posted at least 1 hour before the start of any race affected and will be signed by the RC and the OA representatives.
- 4.2 Flag L  over the numeral pennant of the most recent amendment will be displayed ashore each day until the boats have departed for the race course.
- 4.3 Amendments made afloat will be signalled by the display of flag 3rd substitute  with three sound signals. An umpire may communicate these either verbally or in writing.

5 BOATS and SAILS

5.1 Boats

- (a) the event will be sailed in Fareast 28R type boats.
- (b) the sails to be used will be allocated by the RC.
- (c) competitors may be requested to exchange sails during a series to satisfy sponsorship commitments. This will not be grounds for redress. This changes RRS 62.

- 5.2 The sail combination to be used will be signalled from the RC boat with or before the attention signal. The signals will have the following meanings:

Signal	Main sail	Fore sail	Gennaker
No flag	Full	Jib	Yes
R 	One reef	Jib	Yes
D 	One reef	Jib	No

- 5.3 Other restrictions or instructions may be given to the boats verbally by an umpire. Flag 3rd substitute is not required.
- 5.4 The OA will decide which boats are to be used for each stage and when they decide a boat should not be used, the skipper assigned that boat will be given the temporary use of another boat.
- 5.5 The OA may permit a substitute boat when it is satisfied that the original boat is damaged and that repairs in the time available are not practical.

6 IDENTIFICATION and ASSIGNMENT OF BOATS

- 6.1 Boats will be identified by number.
- 6.2 Boats will be drawn each day at the morning meeting or at the beginning of each stage as decided by the OA.
- 6.3 Boats will be exchanged in accordance with the pairing list and race schedule.

7 CREW MEMBERS, NUMBER and WEIGHT

- 7.1 The total number of crew, including the skipper, shall be 4, 5 or 6, excluding persons placed on board by the RC.
- 7.2 **Crew Weighing**
- (a) The total weight of the crew, including the skipper, dressed in at least shorts and shirts, shall not exceed 340 kg, determined at the time of registration or such time as required by the RC.
- (c) Crew weights may be checked during the regatta. At any re-weighing, the total weight limit is increased by 10 kg. Any crew weighing in excess of this increased limit will not be penalised, but they shall reduce their weight to the increased weight limit before racing again.
- 7.3 All registered crew shall sail all matches unless permission for change is given under SI 2.6 or 2.7.

8 EVENT FORMAT and STARTING SCHEDULES

- 8.1 The event format and match pairing lists are detailed in SI Addenda A and B. The matches to be sailed in a flight will be displayed in order of starting on the RC boat.
- 8.2 In a knock-out series between two skippers:
- (a) they will alternate assigned ends for each match. Unless designated in the pairing list, the initial assigned ends will be determined by a draw. This changes RRS C4.1.
- (b) when the series has been decided, further matches between these two will not be sailed.
- (c) crews will exchange boats after odd matches of the series, unless otherwise agreed by both skippers.
- 8.3 The racing days are scheduled as 12 – 16 October 2019.
- 8.4 The number of matches to be sailed each day will be determined by the OA.

- 8.5 The OA may change the format, terminate any stage or the event when, in its opinion, it is impracticable to attempt to hold the remainder of matches under the existing conditions or in the remaining time scheduled. Early stages may be terminated in favour of later stages.
- 8.6 The intended time of the first attention signal each day is 09:30.
- 8.7 Each subsequent flight will be started as soon as practicable after the previous flight.
- 8.8 When a match cannot start at its intended time, the signals and starts of the following matches will remain as originally scheduled, leaving a blank start for the pair not starting. No starting sequence flags will be displayed for a blank start.
- 8.9 When, in a knock out series, a winner of a particular series has been determined, subsequent starts will be brought forward to eliminate blank starts. Competitors will be so advised verbally by an umpire.

9 RACING AREA

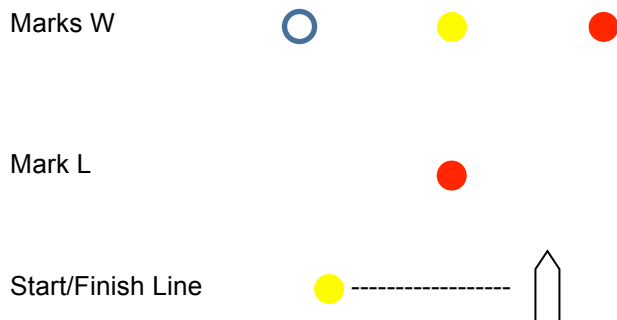
The racing area will be the waters adjacent to the Shanghai Sailing Club on Dishui Lake.

10 COURSE

10.1 Configuration, Signals and Course to Be Sailed


- (a) Configuration (not to scale)

The order of the windward marks is subject to change.



- (b) **Signals and Course to be Sailed**

Course signals will be displayed from the RC boat, at or before the warning signal. Marks W and L shall be rounded to starboard.

<u>Signal</u>	<u>Course</u>
No Signal	Start - W - L - W - Finish
T 	Start - W - L - W - L - W - Finish

The windward mark for each match will be signalled at or before the preparatory signal by displaying a flag with the colour of the mark. This changes RRS 27.1.

- (c) **Description of Marks**

The RC boat will be identified by a white flag with "RC".
 The starting/finishing line mark will be a yellow cylinder.
 Marks W will be a white, yellow or red tetrahedron buoy,
 Mark L will be a red tetrahedron buoy.

10.2 Starting/Finishing Line

- (a) The starting/finishing line will be a straight line between the course side of a starting/finishing mark and the staff with an orange flag on the RC boat.
- (b) A buoy may be attached to the RC boat anchor line just below keel depth. Boats shall not pass between this buoy and the RC boat at any time. This buoy is part of the RC boat ground tackle.


10.3 Course Limits

- (a) A number of small buoys may be laid close to the shore as shown in the diagram in SI Addendum F. No part of a boat's hull shall at any time cross the imaginary straight line between any two adjacent buoys on the same side of the course.
- (b) These lines or areas rank as obstructions and are the limit of safe pilotage for the purposes of Part 2 of the RRS.
- (c) There is no penalty for touching these buoys or objects defining these areas.
- (d) A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS C8.2. If a boat breaks this sailing instruction while not racing, the umpires shall act under C8.4. This changes RRS C6.2 and C8.2.

10.4 Abandonment and Shortening


- (a) RRS 32 is deleted and replaced with: 'After the starting signal, the RC may abandon or shorten any match for any reason, after consulting with the match umpires when practical.'
- (b) Within a flight, when a visual signal is displayed over a numeral pennant, the signal applies to that match only.


11 BREAKDOWN and TIME FOR REPAIRS

- 11.1 Before the attention signal of a flight or within two minutes of finishing or within five minutes of changing into a new boat, whichever is later, a boat may display flag L  to signal breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to a position just to leeward of the RC boat and remain there, unless otherwise directed.
- 11.2 The time allowed for repairs will be at the discretion of the RC.
- 11.3 After the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 11.1.
- 11.4 Except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention signal shall not be grounds for redress. This changes RRS 62.

12 STARTING PROCEDURE

- 12.1 Match warning signals will be:

Match 1: Number pennant 1 

Match 2: Number pennant 2 

Match 3: Number pennant 3 

Match 4: Number pennant 4 


12.2	Time	Visual signal	Sound signal	Means
	7'	F flag displayed	One	Attention signal
	6'	F flag removed	None	
	5'	Numeral pennant displayed*	One	Warning signal
	4'	P flag AND White, Yellow or Red flag displayed	One	Preparatory signal
	2'	Blue or Yellow flag or both displayed**	One**	End of pre-start entry time
	1'	P flag removed	One long	
	0'	Warning signal removed AND White, Yellow or Red flag removed	One	Starting signal

This changes RRS C3.1 except preamble, (*) and (**) and RRS 27.1, RRS 30.4

13 CHANGE OF POSITION OF THE WINDWARD MARK

13.1 A change of course after the start will be signalled before the leading boat has begun the leg although the new mark may not be in position.

13.2 **Change of Course Signals** (changes RRS 33 and Race Signals)

- (a) Flag C  and a coloured flag means: 'The windward mark has been changed. Sail to a mark the same colour as the flag or board.'
- (b) When a change of course after starting only affects some matches, these will be designated by the appropriate numeral pennant.

13.3 **Signalling vessel**

- (a) There will be no change of course for the first leg.
- (b) When a change of course is signalled after the first leg it will be displayed from a boat in the vicinity of mark L.

14 TIME LIMIT

A boat that does not finish within 5 minutes after her opponent has completed the course and finished will be scored DNF. This changes RRS 35 and A5.

15 COACH BOATS

15.1 No coach boats will be permitted.

16 MEDIA, IMAGES and SOUND

16.1 If required by the OA:

- (a) Media personnel and equipment (or dummies) supplied by the OA shall be carried on board while racing.
- (b) Competitors shall wear microphones supplied by the OA during racing and be available for interviews when advised by the OA or RC.
- (c) Registered skippers shall wear communications equipment supplied by the OA that will allow commentators to communicate with them whilst racing.

16.2 Competitors shall not interfere with the normal working of the OA supplied media equipment.

16.3 The OA have the right to use any images and sound recorded during the event free of any charge.

17 PRIZES

17.1 The first placed team in the final results will be presented the China International Women's Match Trophy.

17.2 Other prizes may be presented.

17.3 The following prize money will be presented:

First prize -	67 000 CNY
Second prize -	31 000 CNY
Third prize -	26 000 CNY
Fourth prize -	21 000 CNY
Fifth prize -	18 000 CNY
Sixth prize -	16 000 CNY
Seventh prize -	13 000 CNY
Eight prize-	8 000 CNY

17.4 Prizes have been approved by the National Authority.

17.5 World Sailing has been notified of these Prizes.

17.6 The International Jury may reduce or remove a prize in the case of misconduct or refusal to comply with any reasonable request, including attendance at official functions.

18 CODE OF CONDUCT

18.1 Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave so as to bring the event into disrepute.

18.2 Competitors shall handle the boats and equipment with proper care and seamanship and in accordance with SI Addendum C and D.

18.3 The following actions by skippers and/or crew while racing may be considered a breach of sportsmanship under RRS C8.3(c) and may result in an umpire initiated penalty under RRS C5.2 or C5.3:

- Excessive attempts to verbally coerce, coach or influence umpire decisions;
- Repetitive or on-going objection to an umpire decision (verbal or otherwise);
- Abuse of umpires before or after a decision (See also MR Call M4).

18.4 Breaches of this SI may also be referred to the IJ. Any penalty will be at the discretion of the IJ and may include exclusion from further participation in the event, the withdrawal of any prize money or the withholding of deposits.

18.5 Gross breaches of this SI may be referred to the IJ by the OA for action under RRS 69.

19 DISCLAIMER

All those taking any part in the event do so at their own risk. The OA, its associates and appointees accept no responsibility for any loss, damage, injury or inconvenience incurred, howsoever caused.

SI ADDENDUM A – LIST OF ELIGIBLE SKIPPERS and PAIRING LIST/KNOCK-OUT TABLE

Ranking*	Skipper	Country	ISAF Sailor ID
1	Pauline Courtois	FRA	FRAPC14
3	Johanna Bergqvist	SWE	SWEJB32
7	Margot Vennin	FRA	FRAMV15
10	Margot Riou	FRA	FRAMR36
13	Celia Willison	NZL	NZLCW9
14	Clare Costanzo	AUS	AUSCC23
26	Megan Thomson	NZL	NZLMT18
69	Lea Richter Vogelius	DEN	DENLO1
138	Eunjin Kim	KOR	KOREK3
unranked	Ekaterina Chashchina	RUS	RUSKK1
unranked	Yuting Lu	CHN	CHNYL5
unranked	Xiaowen Ni	CHN	CHNXN1

***Word Sailing Ranking as of 11 September 2019 (valid 30 days prior to the event)**

SI ADDENDUM B – EVENT FORMAT and SCHEDULE OF RACES

EVENT FORMAT

Stage 1 – Single Round Robin

- (a) All skippers will sail a single round robin - each skipper is scheduled to sail each other skipper once.
- (b) The 4 highest placed skippers shall qualify for Stage 3.
- (c) The skippers placed 5th to 10th shall proceed to Stage 2.
- (d) The 2 lowest placed skippers will be placed 11th and 12th.

Stage 2 – Repechage Round Robin

- (a) All skippers in Stage 2 will sail a single round robin - each skipper is scheduled to sail each other skipper once.
- (b) The 4 highest placed skippers shall qualify for Stage 3.
- (c) The 2 lowest placed skippers will be placed 9th to 10th.

Stage 3 – Quarter-Finals

- (a) The highest placed skipper from Stage 1 shall choose their opponent. The next highest placed skipper who has not already been chosen shall choose their opponent and so on.
- (b) In each quarter-final, the higher placed skipper from Stage 1 will be assigned the starboard entry for the first match.
- (c) The first four skippers to score at least 3 points shall proceed to Stage 4, the others will be placed 5th to 8th in accordance with Stage 1 results.

Stage 4 - Semi-Finals

- (a) The highest placed skipper from Stage 1 of the four semi-finalists will be assigned the starboard entry in the first match and she shall choose her opponent.
- (b) The remaining two skippers shall sail each other and the higher placed skipper from Stage 1 will be assigned the starboard entry for the first match.
- (c) The first two skippers to score at least 3 points shall proceed to Stage 6, the others to Stage 5.

Stage 5 – Petit-Final

- (a) The higher placed skipper from Stage 1 of the two skippers will be assigned the starboard entry for the first match.
- (b) The first skipper to score at least 2 points shall be awarded 3rd place, the other 4th.

Stage 6 - Final

- (a) The higher placed skipper from Stage 1 of the two skippers will be assigned the starboard entry for the first match.
- (b) The first skipper to score at least 3 points shall be awarded 1st place, the other 2nd.

SI ADDENDUM C – HANDLING of BOATS

1 GENERAL

While all reasonable steps are taken to equalise the boats variations will not be grounds for redress. This changes RRS 62.

2 PROHIBITED ITEMS and ACTIONS - Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following are prohibited:

- 2.1 Any additions, omissions or alterations to the equipment supplied.
- 2.2 The use of any equipment for a purpose other than that intended or specifically permitted.
- 2.3 The replacement of any equipment without the sanction of the RC.
- 2.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 2.5 Moving equipment from its normal stowage position except when being used.
- 2.6 Boarding a boat without prior permission.
- 2.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 2.8 Hauling out a boat or cleaning surfaces below the waterline.
- 2.9 Marking directly on the hull or deck with permanent ink, or using any tape that leaves a residue/ use of duct tape.
- 2.10 Using a flattener as a reef or using a reef line as an outhaul.
- 2.12 Cross winching foresail sheets.
- 2.13 Omitting any headsail car or turning block before sheeting onto a winch.
- 2.14 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 2.15 Using a winch to adjust the mainsheet, backstay or vang.
- 2.17 Attaching lines to the fabric of gennakers.
- 2.18 Perforating sails, even to attach tell tales.
- 2.19 Radio transmission (including mobile telephones), except to report damage or in response to a request from the RC.
- 2.20 The use of electronic equipment, unless permitted by SI C3.1.
- 2.22 The use of the shrouds (including any inner shrouds) above the lower bottle screw (turnbuckle) to facilitate tacking or gybing, or to aid the projection of a crew member outboard is prohibited.
- 2.24 Having the bowsprit extended, except when in the process of setting, flying or taking down the gennaker. The bowsprit shall be fully retracted at the first reasonable opportunity after taking down the gennaker. A boat that does not retract the bowsprit fully may be warned and given an opportunity to correct the error.
- 2.25 Extending the bowsprit before getting on the new leg of the course, after entering the zone of a rounding mark without a gennaker set.
- 2.26 A breach of SI C 2.22, 2.24 or 2.25 is not open to protest by boats but is subject to action by Umpires in accordance with RRS C8.2. This changes RRS C6.2 and C8.2.

3 PERMITTED ITEMS and ACTIONS – the following are permitted:

3.1 Taking on board the following equipment:

- (a) basic hand tools
- (b) adhesive tape
- (c) line (elastic or otherwise of 4 mm diameter or less)
- (d) marking pens
- (e) tell tale material
- (f) hand held compasses, watches, timers and small personal video devises such as GoPro
- (g) shackles and clevis pins
- (h) velcro tape
- (i) bosun's chair
- (j) spare flags
- (k) PFD's

3.2 Using the items in 3.1 to:

- (a) prevent fouling of lines, sails and sheets
- (b) attach tell tales
- (c) prevent sails being damaged or falling overboard
- (d) mark control settings
- (e) make minor repairs and permitted adjustments
- (f) make signals as per Appendix C6
- (g) personal safety

3.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.

3.4 Changing the number of mainsheet purchases.

4 MANDATORY ITEMS and ACTIONS – the following are mandatory:

4.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches. When boat swaps are carried out on the water, the report should be made verbally to the RC as soon as possible.

4.2 At the end of each sailing day:

- (a) folding, bagging and placement of the sails as directed
- (b) leaving the boat in the same state of cleanliness as when first boarded that day
- (c) releasing backstay tension

4.3 At the end of the final day for a particular boat, cleaning the boat (cabin and decks), removing all trash and removing all tape and marks.

4.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

4.5 Complying with any regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.

4.7 A breach of items 4.2 and 4.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

SI ADDENDUM D – EQUIPMENT LIST

The following non-fixed items, provided by the OA, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the daily damage report.

SAILS and SAILING EQUIPMENT

- Mainsail and set of battens
- Headsail
- Gennaker
- Two winch handle
- Two spinnaker sheets
- Two headsail sheets
- Tiller extension
- Genoa cars

SAFETY GEAR

- Bilge pump

TOOLS

- Any supplied tools

MOORING LINES and FENDERS

- Two mooring lines
- Two fenders

SI ADDENDUM E – DAMAGE PENALTIES

Match Racing Penalties for Damage resulting from contact between boats

Appendix C6.6 and C8.6 permits the umpires or protest committee to decide the penalty when a boat breaks RRS 14. This document explains how damage will be assessed and gives general guidance on the appropriate penalty. When the protest committee has good reasons to do so, it may apply a different penalty.

Damage will be divided into 3 levels as shown in the following table:

Level	Extent	Effect
Level A - Minor Damage	Does not significantly affect the value, general appearance or normal operation of the boat.	Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work.
Level B - Damage	Affects the value and/or general appearance of the boat	The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work.
Level C - Major Damage	The normal operation of the boat is compromised and its structural integrity may be impaired.	The boat will need some repair work before racing again. Requires more than 3 hours of work.

Point Penalties - to be applied without a hearing (this amends RRS C8.6);

Level	Round Robin	Knock Out
A	None	None
B	Half point	Three quarters of a point
C	One point	One point

When both boats break RRS 14, they should both receive a points penalty. If a competitor requests a hearing when a points penalty is imposed, the protest committee may decide (in the hearing) to give a greater penalty.

Deductions from Damage Deposits

The assessment of damage level is only for the purpose of points penalties and is not linked to any deductions from the competitor's damage deposits.

Any points penalty will be based on the assessment of damage level made on the water. Subsequent assessments of the damage level after closer inspection, whether the level turns out to be higher or lower, will have no effect on the points penalty given on the water.

SI ADDENDUM F – COURSE LIMITS

Stay at least 20 meters from shore except when leaving or entering the marina dock.

